

Nicole Nardone, LLC
Agreement of Release and Waiver of Liability

I understand that I am participating in yoga and meditation classes and/or workshops offered by Nicole Nardone at Little Girls Point Lodge in MI, during which I will receive information and instruction about yoga, meditation, and ceremony. I recognize that yoga and meditation require physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Yoga Classes. I represent and warrant that I am physically fit and I have no medical condition that would prevent my full participation in consideration of being permitted to participate in the Yoga Classes, I agree to assume full responsibility for any risks, injuries, or damages, known or unknown, which I might incur as a result of participating in the Yoga Classes. In further consideration of being permitted to participate in the Yoga Classes, I knowingly, voluntarily and expressly waive any claim I may have against Nicole Nardone for injury or damages that I may sustain as a result of participating in the program. I, my heirs, or legal representatives, forever release, waive, discharge and covenant not to sue Nicole Nardone for any injury or death caused by their negligence or other acts. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Signature of Participant (Parent/Guardian if under age 18)

Date

Registration Form (Please print legibly)

Name _____

Phone Number _____ Email _____

Mailing Address _____

Emergency Contact Information:

Name _____ Phone Number _____

Relationship _____

Injuries, Medical Conditions or Dietary restrictions:

I am planning to (circle one): camp (tent outside) bring a trailer sleep in the dormitory

Please remember you are responsible for your own transportation. Nicole will be organizing a Google group as the retreat date approaches so that you can connect with other participants to figure out a ride to the retreat or to carpool! Please carpool for a happy earth!!!